

# SEVERE PRE-ECLAMPSIA/ ECLAMPSIA

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS


## INDICATION

- Third trimester pregnancy with the following signs and symptoms:
  - Hypertension (SBP systolic >160, DBP >110)
  - Mental status changes
  - Visual disturbances
  - Peripheral edema (pre-eclampsia)
  - Seizures and/or coma (eclampsia)

## PHYSICIAN CONSULT

- Administration of **NTG**

## TREATMENT

- Position on left side
- ALS RMC
- Transport quickly with a quiet environment (no siren)
- IV NS TKO started enroute
- Seizures: **Midazolam (Versed)**
  - IV: 2 mg slowly; MR in 3 minutes to maximum dose 0.1mg/kg.
  - IN: 5 mg (2.5 mg in each nostril)
  - IM: 0.1 mg/kg
- If DBP>110:
  -  **NTG** 0.4 mg spray/SL; MR in 10 minutes

## RELATED POLICIES/ PROCEDURES

- Seizures ALS N 2
- Destination Guidelines GPC 4