

OBSTETRICAL/ GYNECOLOGY EMERGENCIES

BLS PROCEDURE

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS

INDICATION

- Patient reports or demonstrates vaginal **bleeding** and **imminent delivery** (need to bear down, pushing, have urge for bowel movement)

EQUIPMENT

- OB Kit

PROCEDURE

- BLS RMC
- Calm/ reassure patient
- Save and transport any passed tissue
- **Vaginal bleeding:**
 - Supine or shock position, if pregnant place in left lateral position
 - Observe for development of shock
 - If immediately post-partum, consider fundal massage
- **Imminent delivery:**
 - Prepare sterile/ clean area for delivery
 - Assist with delivery
 - Keep baby and mother warm
 - Prepare for possible multiple births
 - Prepare for possible childbirth related complications
 - Assess for possible neonatal resuscitation

CRITICAL INFORMATION

- Prepare for rapid transport in both situations

DOCUMENTATION- ESSENTIAL ELEMENTS

- Time and onset of pain and bleeding
- Gravida and Para
- APGAR score at 1 and 5 minutes

APGAR SCORE			
Sign	0	1	2
Heart rate (bpm)	Absent	Slow (<100)	≥100
Respirations	Absent	Slow, irregular	Good, crying
Muscle tone	Limp	Some flexion	Active motion
Reflex irritability	No response	Grimace	Cough, sneeze, cry
Color	Blue or pale	Pink body with blue extremities	Completely pink

RELATED POLICIES/ PROCEDURES

- Neonatal Resuscitation Policy P 2