

# AUTHORIZED PROCEDURES FOR EMT-1 PERSONNEL

ALWAYS USE BODY SUBSTANCE ISOLATION PRECAUTIONS

## INDICATION

- To list the expanded scope of practice for the certified EMT-1 in Marin County, California

## PROCEDURE

- EMT-1 personnel holding California certifications may perform the following:
  - Evaluate the ill and injured
  - Render basic life support, rescue and first aid patients
  - Obtain diagnostic signs including temperature, blood pressure, pulse and respiration rates, level of consciousness, and pupil status
  - Perform cardiopulmonary resuscitation, including the use of mechanical adjuncts to basic cardiopulmonary resuscitation
- Use the following adjunctive airway breathing aids:
  - Oropharyngeal
  - Nasopharyngeal
  - Suction devices designed for pre-hospital use
  - Various types of stretchers and body immobilization devices
  - Provide initial pre-hospital emergency care of trauma
  - Administer oral glucose or sugar solutions
  - Extricate entrapped persons
  - Perform field triage
  - Transport patients
  - Set up for ALS procedures under the direction of an EMT-II or P
  - Inflate antishock trousers, under the direction of an EMT-II or P
  - Perform automated external defibrillation when authorized by an EMT AED service provider

## SPECIAL CONSIDERATION

- Assist patient with self-administration of physician prescribed devices, including but not limited to patient-operated medication pumps, sublingual **nitroglycerin**, and self-administrated emergency medications, including **epinephrine** devices.
- During a Level 1 inter-facility transfer EMT-1s may function under the written orders of the transferring physician for the following procedures:
  - Monitor peripheral lines delivering intravenous **glucose** solutions or isotonic balanced salt solutions including **Ringer's Lactate** for volume replacement, adjusting if necessary in order to maintain a present rate of flow and/ or turning off the administration of fluids.
  - Nasogastric tubes (NG), gastrostomy tubes, heparin locks, foley catheters, tracheotomy tubes and/ or indwelling vascular access lines, EXCLUDING arterial lines