

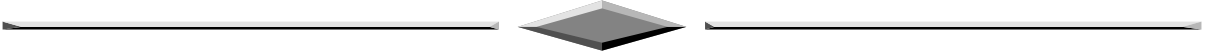


**DEPARTMENT OF HEALTH AND HUMAN SERVICES**

*Division of Community Mental Health Services*

**Services Description**

**2011 – 2012**



## **I. CMHS MANAGEMENT**

Address: 20 North San Pedro Road, Suite 2028, San Rafael, CA 94903  
Mailing -- Same as above  
Telephone: 415-473-6769  
Hours: 8:30 a.m. - 5:00 p.m.

### **General Description**

One of six divisions within the Department of Health and Human Services, the Division of Community Mental Health Services (CMHS) provides and oversees a range of mental health programs for children, adults, and older adults. Under the supervision of the Department's Director, the Division is administered by the Assistant Director of Health and Human Services for the Division of Community Mental Health Services. The Board of Supervisors appoints community volunteers to a Mental Health Board. The Mental Health Board approves a public planning process, recommends priorities, and advises on client needs.

Community mental health services are provided in California with funds that are appropriated under the Bronzan-McCorquodale Act. The Bronzan-McCorquodale Act created a realignment of the state's mental health funding by dedicating a percentage of a special sales tax to counties. Realignment sales tax and vehicle license fee collections provide approximately 63% of the funding. The state's Medi-Cal consolidation funding provides 7%. Other state and federal categorical funds add 4%; fee for service revenues from Medicare and Medi-Cal, other third-party insurers, and individual client fees add 14% of the funding; and matching funds (including state maintenance of effort requirement) from the County's General Fund Dollars contributes 12%. Given the reliance on sales tax and fees, there is a natural variance among the funding sources; therefore, percentages can change accordingly.

Each county is charged with the responsibility of developing and coordinating a comprehensive system of programs to meet its residents' mental health needs. These programs address the problems of acute and chronic mental disorders, of life crises, and other disabilities that occur concurrently with mental disorders. Services may be provided directly by CMHS, or may be purchased from private practitioners or service agencies. There are 112 full-time staff working for CMHS. The majority of service funds are contract expenditures. There were over 4,000 individual clients seen last year, with a wide range of services provided to clients and families. Services provided care by private providers complement or enhance the comprehensive system of care and are taken into consideration when budget allocations and program planning takes place.

The primary responsibility of CMHS is to provide culturally and developmentally appropriate services to severely emotionally disturbed children and seriously mentally ill adults. It should be noted that the initial manifestations of mental illness do not always show up in the mental health delivery system, thus necessitating coordination with the educational, medical, criminal justice and social service systems.

All residents of Marin County are eligible for services. Fees are assessed on a sliding scale, based on the client's income, family dependents, etc., and may range from zero to full charge. Funding limitations have focused services to clients who are in acute distress, those most seriously mentally ill, and those without financial ability to access mental health care and for whom service is mandated.

Clients may enter the CMHS service system through any of the Division's units and receive integrated mental health services or referrals that are appropriate to their specific needs. As a division of the county's integrated health and human service system, all CMHS units maintain close contact and coordinate activities with other programs of the Department of Health and Human Services, as well as with community-based agencies and services. This helps to maintain and improve integration of CMHS services with all other services needed by clients.

The Mental Health Director - The Marin County Mental Health Director is appointed by the Board of Supervisors and is responsible for the direction, administration, program development and implementation of County mental health services. The Mental Health Director reports to the Department's Director and is also Assistant Director of Health and Human Services.

Medical Director - Reporting to the Mental Health Director, the Medical Director is responsible for maintaining the quality of medical practices throughout the CMHS system and serves on the Quality Improvement Committee.

## **II. ADMINISTRATIVE SERVICES**

CMHS Administrative Services are under the direction of the Assistant Chief Fiscal Officer (CFO) H&HS – Mental Health who provides overall direction for all administrative services. The Assistant CFO reports to the Mental Health Director and to the CFO of Health & Human Services.

Administrative services are under the supervision of the Assistant CFO and include fiscal services, maintenance of systems and procedures to comply with reporting requirements of multiple funding sources, contract management, system-wide data collection management, and accounting operations.

### **Administrative Services -- Contract Providers**

Community Action Marin - Contract provides for the Patients' Rights Advocate services to protect the rights of all local psychiatric clients under involuntary treatment status.

All other contracts listed in the following clinical services section are under the joint oversight responsibility of three Mental Health Program Managers who report directly to the Mental Health Director.

## **III. MENTAL HEALTH PLAN AND QUALITY IMPROVEMENT**

### **Marin Mental Health Plan** (for Medi-Cal Beneficiaries)

The 24 hour phone line is: 1-888-818-1115.

The Marin Mental Health Plan (MMHP) is responsible for authorizing all mental health services to Medi-Cal beneficiaries from Marin County. Part of a statewide plan, each county

in California began authorizing hospital inpatient services in 1995 and outpatient mental health services in 1998. A network of individual and agency providers contract with the County to provide these services. The goal of the Marin Mental Health Plan is to assure access to necessary and effective mental health services for all Medi-Cal beneficiaries in Marin County. The MMHP has 10 organizational providers and 21 individual providers who offer services in 20 languages.

These agencies provide out patient services to Medi-Cal beneficiaries:

Bay Area Community Resources  
Catholic Charities CYO  
Child Therapy Institute of Marin  
Community Institute for Psychotherapy  
Family Service Agency  
Jewish Family and Children's Services  
Novato Youth Center  
Asian Community Mental Health Services (Oakland) on a case-by-case basis  
Hearing Society for the Bay Area (San Francisco) on a case-by-case basis  
Huckleberry Youth Programs

### **Acute/Subacute Contract Providers**

Alta Bates/Herrick Hospital - Provides short-term, acute psychiatric hospital care for adults, children, and adolescents with specialties in dual diagnosis and older adults. Located in Berkeley.

St Helena Behavioral Health Services. Short term acute psychiatric hospital care for children and adolescents. Children and adolescents are treated in Vallejo. Adults and older adults are treated in St. Helena

John Muir/Mt Diablo Health System. Short term acute psychiatric hospital care for adults, children and adolescents. Located in Concord.

Marin General Hospital, Unit A - Provides local short-term, acute psychiatric hospital care for adults and older adults. Located in Greenbrae.

St. Mary's Hospital – Provides short-term acute hospital care for children and adolescents. Located in San Francisco.

### **Quality Improvement**

The Quality Improvement Manager, who reports to the Mental Health Director, is responsible for ensuring that CMHS fulfills all state and federal requirements for quality of care, including but not limited to; medication monitoring, utilization review, program certification, and maintaining standards for medical records. The Quality Improvement Manager chairs the Quality Improvement Committee. The Quality Improvement Coordinator reports to the Quality Improvement Manager and is responsible for the day to day implementation of the Quality Improvement Plan and the Quality Management Plan.

#### IV. ADULT – OLDER ADULT PSYCHIATRIC EMERGENCY SERVICES

Telephone: 473-6666 (Psychiatric Emergency Services);  
473-6835 (Adult Outpatient)  
Hours: 24 Hours, 7 Days Per Week (Psychiatric Emergency Services);  
8:30 a.m. - 5:00 p.m. (Adult Outpatient and Continuing  
Care Services)

##### **Adult Continuing Care & Case Management**

Intake Telephone: 507-2767  
Address: 3270 Kerner Blvd., Second Floor, Ste. B, San Rafael, CA 94901

Provides case management for clients who have a serious mental illness, coordinating their treatment and aftercare programs in the community.

This unit provides and connects its clients to a continuum of services. Some of these services provide residential care in addition to a range of specific treatment interventions, as well as support services for clients who live independently.

This unit manages State Hospital admissions and Institutes for Mental Disease (IMD) placements. This unit also manages all contracted community placements for CMHS adult and older adult clients.

##### **Adult Continuing Care -- Contract Providers**

All Saints - 14 beds in a licensed board and care. Provides quality board and care for mentally ill and adult clients. Licensed Adult Residential Care.

Saint Michael's Extended Care – 42 beds licensed board and care home - Residential Care Home for Elderly (RCFE). Includes younger mentally ill adults, physically ill adults, persons with dementia, provides hospice services.

##### **Bucklew Programs**

Marin Assisted Independent Living (MAIL) - Assists clients who have serious mental illness to form households and obtain rental housing. Provides on-going clinical support and independent living training to the household units at the clients' residences. Serves 63 clients.

Residential Support Services (Avanti RSS, D Street RSS, Harbor House RSS, Novato RSS, Horizon House RSS, Drake House RSS) - 69 beds in 6 locations providing quality board and care. The emphasis is on providing 24 hour, 7 day per week services in a home like setting with activities designed for enrichment.

Supported Housing - Provides housing assistance and clinical support to mentally ill clients in a home environment. Clients are given their own key and services are offered to clients based on need. Total served is 64.

Bucklew Employment Services – Provides comprehensive vocational services including pre-employment counseling, vocational training, job development, placement, job coaching, a computer lab and classes for support and skill development to assist clients to secure and maintain employment. Serve up to 30 clients at any given time.

Canyon Manor – Beds in a mental health rehabilitation facility providing an enriched psychiatric treatment program for adults and older adults. Located in Novato.

Community Action Marin - Client run drop-in center, warm phone line, trains and supervises peer providers, and provides outreach. Outreach, pre-crisis support provided by the Outreach Coordinator. Places trained peer case managers on several service teams through the ASOC, including the Odyssey and STAR Programs.

Creekside Mental Health Rehabilitation Program, Nadhan, Inc. - 19 dedicated beds in a skilled nursing facility providing an enriched psychiatric treatment program for adults. Located in Santa Rosa.

Crestwood Manor – 12 beds in IMD/skilled nursing facilities for adults. Various locations.

Community Institute of Psychotherapy – supervision of intern therapists to work with low income mental health community clients and Medi-Cal beneficiaries.

Davis Guest Home – Enriched board and care for adults with serious mental illness. Located in Modesto.

#### Homeward Bound

Carmel Hotel - 26 rooms in a local hotel for semi-independent living for formerly homeless, mentally ill adults, providing permanent, affordable housing. Located in San Rafael.

Voyager - An eight-bed temporary housing program for homeless, chronically mentally ill adults. Length of stay up to 4 months.

Marin Housing Authority - Support for Shelter Plus Care program provides rental subsidy and case management support for up to 115 adults who are homeless and mentally ill, many of whom are also enrolled in the Odyssey Program.

Medical Hill Rehabilitation Center – Beds in a skilled nursing facility for neurologically impaired adults in a skilled nursing facility. Located in Oakland

Providence Place – Enriched board and care for adults with serious mental illness and dementia. 3 beds in San Francisco.

Willow Glenn – Enriched board and care for adults with serious mental illness. 2 beds in Eureka, CA.

## **Odyssey Team - Homeless Outreach Program**

Telephone: 473-3240  
Address: 250 Bon Air Road, Greenbrae, CA 94904

The Odyssey Team provides a comprehensive, integrated continuum of services to individuals who are seriously and persistently mentally ill and who are homeless. All services are guided by the principles of recovery and consumer empowerment Odyssey currently has the capacity to partner with 60 clients. Odyssey's multidisciplinary staff works within a strength-based model, confident that program participants are most successful when they set their own goals and actively engage in their mental health recovery. Services (including outreach, case management, psychiatric and medical treatment, employment support services, and supportive housing services) are designed to reduce symptoms that impair clients' ability to live independently, work, maintain community supports, care for their children, remain healthy, and avoid psychiatric hospitalizations and crime. The program's goal is to help enrollees achieve their highest level of wellness and independence within the community.

## **WIN - Work Independence Network, An Employment Cooperative**

Telephone: 473-3304 (Mental Health Liaison)  
456-9350 (Buckelew Employment Services)

WIN is an employment program that offers support services, including job development and job coaching services, to adults with severe and chronic mental illness to assist them in overcoming challenges to employment. Up to 40 eligible enrollees can be enrolled into WIN at any given time. Based on a wellness and recovery focus, WIN integrates services provided by a Mental Health Liaison from Marin County Community Mental Health, a Job Developer and a Job Coach from Buckelew Employment Services, and a California Department of Rehabilitation Counselor. Funding is provided by a collaborative contract between the California Department of Rehabilitation and Marin County Health & Human Services.

WIN's multidisciplinary team recognizes that employment success happens when an enrollee is actively engaged in mental health recovery. WIN's goal is to support enrollees through the employment process -- identifying ways clients can achieve levels of wellness and independence that help them reach their employment goals.

## **Southern Marin Services (SMS)**

Telephone: 332-3129  
Address: 3000 Bridgeway, Sausalito, CA 94965

SMS is a community based MHSA-funded program of Family Service Agency of Marin and Bay Area Community Resources, which provides comprehensive, culturally competent and community-driven mental health outpatient services for people in southern Marin. The program is staffed by a diverse, multi-cultural team that includes licensed and pre-licensed mental health practitioners, psychiatrist, school-based therapist, family advocate, and volunteers. SMS is strength-based, focusing on the 'whole' needs of individuals and families, and is working to fully integrate Wellness and Recovery principles. Family Service Agency,

as lead agency, has also partnered with Community Action Marin to place a Peer Aide as part of the SMS team. The SMS program provides a continuum of mental health services spanning the life cycle from pregnancy through old age, and targets individuals with serious emotional disorders and serious mental illnesses, and their families, and MediCal eligible children and adults. Staff work from the SMS Sausalito office, as well as being outstationed on school sites and other community settings, and conduct home visiting as needed. The goal of the program is to improve the health, self-sufficiency and productivity of children, adults and families, and increase accessibility of services in southern Marin.

### **HOPE Program and Senior Peer Counseling**

HOPE Program Telephone:	473-4306
Senior Peer Counseling Telephone:	473-6802
Address:	10 N. San Pedro Road, Ste.1020, San Rafael, CA 94903

The HOPE Program is a Mental Health Services Act funded program that provides intensive case management for people over the age of 60 and who are suffering from mental illness. The HOPE Program team uses a multi-disciplinary approach and is comprised of mental health practitioners, nurse practitioners, a public guardian and a psychiatrist. An extensive assessment process is conducted in order to determine eligibility. Once eligibility is met, services will focus on promoting mental health, housing issues, medication and physical health coordination.

Senior Peer Counseling is also for people over the age of 60 but the focus is on supporting those who would benefit from a little extra support in their life. Support is provided by trained volunteers who receive weekly supervision from a licensed MFT and/or Registered Nurse. Decreasing isolation, issues of aging, grief and depression are common issues addressed in Senior Peer Counseling.

Both The HOPE Program and Senior Peer Counseling are departments within Community Mental Health Services of the County of Marin. Both programs are offered in English and Spanish and are offered where the senior resides.

### **Adult Medication Clinic**

Telephone: 473-6835

Clients' need for psychiatric medications and the lack of willing providers in the private sector has created a remarkable growth in the CMHS Adult Medication Clinic over the last few years. Under direction of the CMHS Medical Director, 4.5 full time psychiatrists and 5 mental health nurse practitioners provide assessments, prescriptions, and on-going medication support to approximately 1000 individuals.

### **Adult Outpatient Therapy**

Provided primarily by masters and Ph.D. level interns working under supervision of licensed CMHS clinicians, this clinic provides brief psychotherapy for clients with Medi-Cal or no insurance. Fees for the uninsured are based on the client's ability to pay.

### **Access to Care Program**

The Adult Medication Clinic provides psychiatric medications to some clients who are uninsured. CMHS works with the pharmaceutical companies to obtain medications at no cost to the client when possible. Each company has its own criteria for admission to their program. CMHS works with over 20 pharmaceutical companies. The program can only provide this service to CMHS clients. CMHS currently provides this service to approximately 175 clients.

### **Marin County Jail Mental Health Team**

Telephone: 473-6648

The Jail Mental Health Team provides consultation, evaluation, treatment discharge planning, and placement services for mentally disordered offenders at the County Jail. The goal of the jail mental health service is to provide seamless psychiatric care for clients who are involved with community mental health and private providers during a jail stay.

Court ordered evaluations are performed in the County Jail. Crisis intervention in the jail includes transfer of the inmate to a treatment facility in Santa Clara County when Section 5150 of the Welfare and Institutions Code is applicable.

In addition, the Team provides referrals, evaluations and other consultations to the jail staff, as well as to the courts, District Attorney and Public Defender's Office. CMHS staff participates in pre-trial conferences and provide clinical input to the court as requested.

### **Support & Treatment After Release (STAR) Program**

Telephone: 473-2725

Address: 250 Bon Air Road, Greenbrae, CA 94904

The Support & Treatment After Release program is an innovative local collaborative between Community Mental Health, Marin County Superior Court, the District Attorney, the Public Defender, Marin County Probation, and community agencies.

The STAR Program serves mental health consumers that have been arrested, usually for minor crimes, often the result of behaviors related to the symptoms of their illnesses. The STAR Program serves up to 40 mentally ill consumers with a community-based interdisciplinary team made up of mental health professionals, probation officers, medical staff, family partners, peer providers, and mental health liaison officers from local law enforcement agencies.

STAR services include assertive community mental health treatment, supervised probation, medication services, dual-diagnosis treatment, financial management, housing and employment advocacy, and general support. The goal of the program is to provide coordinated, intensive services to assist consumers in obtaining treatment, locating housing and employment, engaging in pro-social behavior, and staying out of jail. The Marin County program is a first of its kind, combining court staff directly with treatment staff to collaboratively assist some of the most impaired and challenged persons away from repeated criminal justice involvement and into supportive care.

## **V. Psychiatric Emergency Services (PES)**

Telephone: 473-6666 (crisis)  
Address: 250 Bon Air Road, Greenbrae, CA 94904

Psychiatric Emergency Services provide the following services for youth, adults, and older adults:

- Psychiatric emergency response for voluntary and involuntary (W&I Code 5150) clients who are experiencing acute psychiatric symptoms
- Crisis stabilization to support the resolution of psychiatric emergencies within 24 hours
- Evaluation of clients for psychiatric hospitalization or referral to other services

PES screening and intervention services are available 24 hours a day, 7 days per week. Length of stay is limited to less than 24 hours. Admissions for hospital inpatient care are arranged as necessary.

Referrals are received from all other components of CMHS, other H&HS divisions, the County Jail, local police, and from other mental health providers. In addition, families and individuals may request service for themselves.

## **VI. YOUTH & FAMILY SERVICES**

Address: 3230 Kerner Blvd. San Rafael, CA 94901  
Mailing -- P. O. Box 2728, San Rafael, CA 94903  
Telephone: 473-3874 and 473-6724  
Hours: 8:30 a.m. - 5:00 p.m.

### **Youth and Family Team**

Under the direction of the Program Manager for Youth & Family Services (YFS) this team provides mental health services that range from outpatient clinical services that include case management and psychiatric evaluation to school-based clinical services, including Day Treatment programs. Emergency services are provided by the Psychiatric Emergency Services.

CMH YFS staff provides mental health services to two targeted populations: Special Education students referred by their Individual Education Plan (IEP) Team at their school and children with Medi-Cal. The Special Education student's IEP team includes parents/legal guardian, YFS clinician, and appropriate school staff such as the teacher and resource specialist. Special Education children and youth referred to CMH are provided a range of mental health services as noted above. These mental health services are focused on helping the student benefit from their educational plan. This program is often referred to as

AB 3632, the number of the original assembly bill that was passed in the mid 1980s. The following services may be provided as appropriate under AB 3632:

### **Outpatient Therapy**

Family therapy and/or Group therapy are offered to the student and the family at our offices or in the community for a defined period of time as described in the IEP, depending on the needs of the student and the goals set by the IEP team. The clinical staff only sees students individually, for a limited number of sessions, as appropriate, determined by the nature of the presenting problem and the evidence based practice to address that problem. Individual sessions are always limited and the goal is to help the child move toward full participation in Family Therapy and/or Group therapy as soon as possible. The student's family and peers are important support systems that must be actively engaged so that going forward the student will know how to access and utilize this support. The YFS staff includes those with MFT, LCSW and psychology licenses. Additionally, there are master level and Ph.D. level interns who also provide outpatient services under the supervision of licensed YFS clinicians.

Parenting classes are offered in 10-week series in the Fall and Spring, co-led by a clinician and Family Partner (see section below for explanation of a Family Partner). There are separate groups for children up to age twelve and another for teenagers. These parenting classes are offered in both Spanish and English.

### **Blended Classes**

Blended classrooms are located on school campuses and provide an integrated approach of education and clinical services for students with mental health issues. These classes at the Middle School level are staffed with a full time CMH clinician, half time behavioral coach (contracted out to a CBO), a teacher and a teacher's aide in partnership with the school district, Marin Office of Education, and Marin County SELPA. The two middle schools are San Jose Middle School (Novato) and Mill Valley Elementary in Mill Valley.

There are four high school blended classrooms: San Marin High School (Novato), Redwood High School, (Corte Madera), Tamalpais High School, (Mill Valley), and Terra Linda, (San Rafael). In all of the blended classrooms, CMH clinicians provide Group Therapy and meet regularly with the parents and student in Family Therapy. In addition, a bilingual clinician is based part time at Bahia Vista in San Rafael. These programs meet the CMH YFS goal to provide services to youth in their community.

### **Braun Elementary and Braun High School Day Treatment**

Seriously emotionally disturbed children and adolescents whose educational and mental health needs require the level of care of a Day Treatment Program are referred to Braun Elementary or Braun High School Day Treatment. These programs are run jointly with Marin Office of Education and a community based organization, Sunny Hills, with which CMH contracts to provide the clinical staff. The Braun Elementary and Braun Day Treatment Programs provide milieu, individual, family and group therapy on site in combination with a structured special education program. Braun Elementary Day Treatment serves children through the eighth grade. Braun High School Day Treatment serves youth from ninth grade through graduation.

### **Residential Placements and Wraparound Programs**

Students are placed in therapeutic residential programs after all less restrictive settings have been tried or deemed inappropriate. In order to be placed out of home, a student must be designated as emotionally disturbed by his or her IEP team, and his/her mental health issues must significantly interfere with the student's ability to benefit from an individualized educational plan.

When placement is recommended, attempts are made to place the student closest to home, in the lowest level of care (least restrictive) for the shortest amount of time appropriate to meet the student's need. Students placed out of their community miss out on the normal events associated with attending school in their own community such as organized sports, social events and graduation ceremonies. These are important milestones in a student's life that may be missed and students report as a significant loss.

Once in placement, the residential case manager monitors a student's progress closely and conducts quarterly visits to evaluate progress and the appropriateness of the placement.

There are two "wraparound" programs that may be available for a student who is at risk of out of home placement as a Special Education student with mental health issues. A typical wraparound team consists of a facilitator, a Family Partner (a parent who has had a child in the mental health system) and a case manager who work intensively with the youth and family to identify needs, to access natural resources and to support the student at school and in their home community. Wraparound services are also utilized to assist youth and families in the transition home from residential placement.

### **Medi-Cal for children: Early Periodic Screening, Diagnostic and Treatment (EPSDT)**

Telephone: 473-3068

This team provides assessments and referrals for children and adolescents who are full-scope Medi-Cal eligible and are in need of mental health services. Children and youth with Medi-Cal are assessed by our EPSDT staff and are then referred to Medi-Cal providers in the community if they meet medical necessity.

The network of MMHP providers offers an array of outpatient services. Psychiatric medication services are provided at our clinic at Kerner Blvd.

### **Children's System of Care (CSOC)**

The System of Care offers intensive case management, wraparound services and flexible therapeutic approaches to complex family challenges. Although grant funding for CSOC was eliminated in 2004, CMHS funding through the Mental Health Services Act (MHSA) maintains CSOC services at Juvenile Probation, and County Community School. The CSOC program provides a vital linkage to mental health services for youth with mental health needs who enter the juvenile probation system.

Some of the strengths of CSOC services include the ability and willingness to take services to where the clients and their families are located in the home and community, as well as the capacity to serve clients who do not have other resources and would not be able to access needed mental health services. This is in contrast to an outpatient model of providing services where the client is expected to come to the clinic to receive a service. CSOC providers also focus on the different systems involved with clients and their families, helping them to link these different systems and access available community resources.

Three of the four CSOC providers are bilingual Spanish speaking, since up to 50% of CSOC clients come from monolingual Spanish families in the community. Psychiatric emergency mental health services are available at the local Psychiatric Emergency Services (PES) adjacent to Marin General Hospital. The CSOC program has worked alongside the juvenile probation unit for approximately 10 years, and is considered a vital resource in helping to maintain youth in the community.

### **Family Partnership Program**

A key component of both the Children's System of Care and the YFS mental health services is the Family Partnership Program, contracted through Community Action Marin (CAM). This program employs 5 parents as Family Partners whose children have received mental health services and therefore they know how to navigate the system as well as provide a parent's perspective to the mental health professionals. The Director of the Family Partnership Program participates in developing policies, programs and services. Family Partners provide the following direct services:

- Positive parenting classes – 2 in English and 2 in Spanish for children up to 12 and one for teenagers.
- A monthly parent support group
- A twice monthly group for parents who have children in residential treatment
- Individualized support for the family

The Program Director for this program, a parent of a child who has been in the mental health system, participates in the management team of Community Mental Health Youth and Family Services. There is also a Family Partner for the adult system.

### **Transition Age Youth (TAY) Program**

Phone: 473-2167

The Transition-Age Youth (TAY) program, a collaboration between Buckelew Programs, Family Service Agency of Marin, and Marin Community Mental Health Services, provides services to young men and women, ages 16-25, who are struggling with mental health challenges. The TAY is a Full-Service Partnership program, meaning that the staff provides a complete range of services using a "whatever it takes" approach. The program uses a Strength-Based model, and integrates Wellness and Recovery principles. The program supports Transition-Age Youth to become the architects of their own futures, to engage in a journey of self-discovery, and to live meaningful lives in a community of their choice.

The TAY Program Office is located at: 980 Lincoln Ave., Suite 250 in downtown San Rafael.

## **VII. DISASTER TEAM**

Telephone: 473-3875 or PES 473-6666

One of the mandates of the state of California for each county mental health system is to provide community mental health services as appropriate to people affected by disasters. The County of Marin Community Mental Health Services has an emergency response capacity with the Disaster Response Team. The Disaster Assistance Coordinator develops

and regularly updates the Disaster Response Plan in collaboration with other emergency staff from the county and is directly responsible for the direction and management of the disaster mental health response capability. The Disaster Assistance Coordinator reports to the YFS Program Manager.

The Disaster Team Coordinator is responsible for ensuring clinicians from both adult and children's services have been trained to respond to the psychological needs of disaster victims and first responders. They provide critical incident stress debriefing (CISD) to those involved with traumatic highly stressful events. The local community often calls on these trained staff to provide counseling for small groups in the community when a traumatic event or accident has occurred. The team also provides mutual aid to other counties struggling to respond to large disasters of all kinds.

## **IX. CLINICAL INTERNSHIP PROGRAM**

CMHS offers a clinical internship program for graduate students in psychology, social work, and counseling psychology. The purpose of the training program is to provide carefully supervised, in depth, clinical experience in a multi-service community mental health system of care. Marin County CMHS provides both emergency and continuing care to a diverse client population with a wide range of challenging mental health needs. The interns have the opportunity of a 40 week training program or a full year program, either full or part time. Under the direction of a licensed clinical psychologist, the interns are assigned throughout CMHS. Interns are also placed at Juvenile Hall and Marin Maternity Services. CMHS currently provides small stipends for interns.

The program is designed to provide the following:

1. Direct experience in clinical work with clients who have acute and chronic mental disorders.
2. Supervision and training to develop interns' repertoire of clinical intervention skills to meet case specific needs.
3. Training and practice in assessment, treatment planning, case disposition, and collaborative work with affiliated providers in the field.
4. Multiple opportunities to formulate cases, discuss treatment perspectives and integrate theory and practice.

## **X. WEST MARIN SERVICE CENTER**

Address: 100 6<sup>th</sup> Street  
Point Reyes Station, California 94956  
Mailing – P.O. Box 331, Point Reyes Station, California 94956  
Telephone: 473-3800  
Hours: 8:30a.m. - 5:00p.m.

Provides evaluation and referral, crisis intervention, medication management, dual diagnosis (mental illness and substance abuse) treatment and individual and group therapy. A contract with Catholic Charities provides counseling for mono-lingual Spanish speaking clients.

## **XI. COMMUNITY ADVISORY GROUP**

Address: 20 North San Pedro Road, Suite 2028  
San Rafael, CA 94903  
Mailing – Same as above  
Telephone: 473-7363  
Hours: 8:30 a.m. - 5:00 p.m.

### **Mental Health Board**

The Mental Health Board (MHB) is a state-mandated advisory group that makes recommendations to the Board of Supervisors and to the Mental Health Director about the local mental health services.